

Full Spectrum Indoor Sauna

Model SMT-021PA | Full spectrum infrared — indoor

Overview

Capacity	2–3 person
External size	120 (W) × 105 (D) × 190 (H) cm
Timber	Canadian hemlock; 8 mm transparent tempered glass front; stainless steel + wooden handle

Heating System

Heaters	8 total — 2 full spectrum infrared emitters (near, mid & far infrared) + 6 carbon crystal far infrared panels
Panel locations	Side walls, front pillars, under-bench, plus dedicated floor foot heater
Intensity control	Full spectrum output adjustable 20–100% via dial
Temperature	Up to 70°C

Electrical

Power supply	230–240 V, 50 Hz — standard 10 A household outlet (plug & play, no electrician required)
Certification	Australian certified — Cert. No. SAA240730

Features

Control	WiFi-enabled control panel (app + in-cabin touch panel), USB, Bluetooth audio
Comfort	Oxygen bar (negative ion generator), dual speakers, chromotherapy lighting, ventilation window

Delivery & Assembly

Packaging	5 flat-packed cartons per unit
Assembly	Modular snap-together panels — approx. 1 hour, 2 people recommended, no structural work

Care & Maintenance

- No oiling or sealing required — infrared saunas run dry and produce no steam, so timber care is minimal.
- Never pour or splash water on the heating panels or emitters, and keep liquids out of the cabin — this is a dry sauna.
- Sit on a towel during every session and place one underfoot; simply wipe benches and backrests with a lightly damp cloth as needed — no harsh or abrasive chemicals.
- Dust panels, guards and ledges occasionally with a dry cloth or soft vacuum brush.
- Dry off from pool or shower before entering; excessive water can damage the floor.
- Maximum 99-minute sessions with a 1-hour rest between intervals; do not rest items against heater surfaces.
- Briefly air the cabin after use — a few minutes with the door open is enough, as no steam is produced.
- Remove marks on interior timber with a light hand-sand using fine-grit paper; clean glass with a non-abrasive glass cleaner.