

SpectraCore Infrared — Premium Sauna

Model SMT-HC202 | Far infrared carbon panels — indoor

Overview

Capacity	2–3 person
External size	120 (W) × 105 (D) × 190 (H) cm
Timber	Canadian hemlock with full internal timber batten cladding; tempered glass front; black exterior finish

Heating System

Heaters	Far infrared carbon crystal panels — full-body coverage across back wall, both side walls, under-bench and calf zones
Total power	2,224 W (power factor 0.996)
Temperature	Up to 70°C

Electrical

Power supply	230–240 V, 50 Hz — standard 10 A household outlet (plug & play, no electrician required)
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Features

Control	WiFi-enabled touch control panel, USB, Bluetooth audio
Comfort	Oxygen bar (negative ion generator), JVC speakers, LED strip + reading lamp, chromotherapy lighting, precision temperature sensor

Delivery & Assembly

Packaging	Flat-packed carton set (front, back, sides, roof, base, bench + bench support)
Assembly	Snap-fastener panel system — approx. 1 hour, 2 people recommended, no structural work

Care & Maintenance

- No oiling or sealing required — infrared saunas run dry and produce no steam, so timber care is minimal.
- Never pour or splash water on the heating panels or emitters, and keep liquids out of the cabin — this is a dry sauna.
- Sit on a towel during every session and place one underfoot; simply wipe benches and backrests with a lightly damp cloth as needed — no harsh or abrasive chemicals.
- Dust panels, guards and ledges occasionally with a dry cloth or soft vacuum brush.
- Dry off from pool or shower before entering; excessive water can damage the floor.
- Maximum 99-minute sessions with a 1-hour rest between intervals; do not rest items against heater surfaces.
- Briefly air the cabin after use — a few minutes with the door open is enough, as no steam is produced.
- Remove marks on interior timber with a light hand-sand using fine-grit paper; clean glass with a non-abrasive glass cleaner.